



## CAMP SHORESH

### Frequently Asked Questions

Read more about Jewish outdoor education [here](#) and [here](#).

#### What does a typical day look like at camp?

Each session will be a bit different, as we are guided by the participants' natural enthusiasms, energies, and curiosities, as individuals and as a group, as well as by changing weather. Families are welcome at our Opening and Closing Circles, though there is no obligation to join. On Friday, families are welcome to join at 3:00 PM for a final celebration.

Time	Activity
8:30AM	Before Care
9:00AM	Opening Circle (families welcome until the end of Opening Circle)
9:15AM	Morning Activities in Groups (games, forest exploration, snack)
11:30AM	Lunch
12:00PM	Afternoon Activities in Groups (crafting, nature-journaling, water play)
2:00PM	Whole Camp Game
3:15PM	Closing Circles (families welcome from the beginning of Closing Circle)
3:30-5PM	After Care

#### What do you do about rain or extreme weather conditions?

Shoresh programs happen outside, every day, rain or shine! We do not have any indoor programming space. Campers should come prepared with appropriate rain gear, and we recommend extra socks and a change of clothes. Campers should also come with sunhats, sunscreen, water bottles, and light, comfortable clothing.

In the event of rain, our educators will make use of naturally sheltered areas in the ravine. Rainy days are often great opportunities for working on our shelter building skills! On very hot days, we also make use of the natural protection and cooling effects of the forest and green spaces, as well as water play and frequent hydration reminders.

In the event of extreme weather, such as lightning storms, extreme cold or extreme heat alerts, or any other situation that the Shoresh staff deem unsafe for Shoresh participants and staff to be outside, we will move to an emergency indoor location (the



neighbouring school, public washroom, or public library, depending on where we are) and inform parents of any change to the pick-up spot.

### **What should campers bring with them each day?**

- A filling nutritious lunch and plenty of snacks (please keep in mind that campers are responsible for carrying their own litter out of the park)
- A full water bottle!! (we will have the opportunity to refill water at lunch time)
- Closed-toed shoes, ideally somewhat waterproof for muddy days
- Rain coat, rain pants, rubber boots for rainy days
- Medications, inhalers, epipens, etc.
- Comfortable backpack to carry their food and personal items
- Hand sanitizer
- Face mask (for going inside public washrooms or in case we need to go inside any other public buildings)

\*Please remember that Camp ShoresH is an outdoor nature program and your child will be spending time playing outside rain or shine. Please dress your child in weather appropriate clothing that can get dirty.

### **Is there a washroom on site?**

There are public washrooms available in each of our camp locations.

### **What is your cancellation policy?**

[Click here](#) to read our cancellation policy.

### **What is Jewish pluralism?**

Camp ShoresH is a pluralistic program that welcomes Jews of all different backgrounds and affiliations. While learning about Jewish ethical teachings, holidays celebrations, rituals, and prayer, we will be open to the many different ways that our community members interpret these traditions and how they choose to live and learn “Jewishly.” As well, we create space for honouring the other cultural, religious, and spiritual identities that participants may be bringing to our programs.

### **Who are the staff?**

Camp ShoresH is staffed by an all-star team of educators! All staff have undergone hands-on training in outdoor Jewish environmental education and are truly gifted at



communicating the awe and wonder they experience relating to the natural world. At Camp, our staff:child ratio is 1:6. All staff are first aid trained and certified.

**If you have more questions, email [Shalva](#).**