

RECYCLED PAPER MAKING

According to our Sages, a *tzaddik* (righteous person) is someone who doesn't waste ANYTHING, not even a mustard seed! In Judaism, we call the practice of avoiding unnecessary waste *Bal Tashchit*. One awesome way to prevent wasting things is to make our own recycled paper! This is also a way to respect the trees the paper comes from and be creative with scraps from the recycling bin!

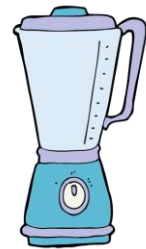
DURATION	30 minutes
AUDIENCE	4 years + with adult support
SETTING	Indoors
THEME	Trees, Bal Tashchit

INSTRUCTIONS

1. Gather all the materials before you begin. You can go outside to collect some beautiful leaves and flowers or other interesting bits to include!
2. Prepare a work surface with a tarp or some towels. This will be a bit messy and wet!
3. Rip up paper into tiny pieces (size of your thumbnail).
4. Add paper to blender (do not stuff it too full) and cover with warm water.
5. Blend until pulpy!
6. Pour pulp into large bowl.
7. Arrange flowers/leaves on the screen. You don't have to cover the entire area, it just depends on the shape and size you want your paper to be!
8. Use cups to scoop up pulp and pour slowly and evenly over screen,
9. Use sponge to soak up water from the bottom of the screen.
10. Flip the screen over onto cardboard. Let your paper dry for a couple hours!
11. Once dry, pull paper off of cardboard.
12. Share your creations!

MATERIALS

- Tarp or towels
- Scrap paper (a mix of white and coloured construction paper is great!)
- Blender
- Warm water
- Leaves or flowers (optional)
- Large bowl
- Cups
- Screen frame (you can use a mesh strainer or sieve)
- Sponges
- Scrap cardboard



You can use your recycled paper to make a card to send to a family member or friend who lives far away or who you can't see in person at the moment.

You can also take a picture of your creation and share it on social media! Tag us @ShoreshTO!

Check out Shoresh's Facebook for more indoor and outdoor Jewish nature-based activities!