

# MAH RABU NATURE COLLAGE

In Psalm 104 we are reminded that there are so many kinds of things in the natural world! Each creature, plant, and micro-organism, is unique and serves a special function in its environment. The variety of life in the environment is called biodiversity. This activity will give you a way to slow down and celebrate the incredible beauty and biodiversity of the world around us!

**DURATION** 20 minutes  
**AUDIENCE** 7 years +  
**SETTING** Outdoors  
**THEME** Awareness

## DIRECTIONS

1. Find a safe outdoor area to explore – a backyard, park, or even balcony with a potted plant will work! Bring the attached sheet with you.
2. Set down the Mah Rabu Sheet in a clear area.
3. Collect some beautiful natural objects\*. Here are some suggestions:
  - a. Find five different kinds of leave
  - b. Find a stick exactly as long as your index finger
  - c. Find two different green things
  - d. Find something that holds seeds (eg. acorn, pinecone)
  - e. Find something that makes you say WOW!
  - f. Find something that you wonder what it is called.
4. Arrange all the items you have collected on the Mah Rabu Poster.
5. Take a photo of your nature collage.

\*It is important to respect the nature we explore! Please think twice before deciding to pick a leaf or flower that is alive!

\*It is always important, but even more so at this time, to remember to be safe and healthy and not eat anything you pick up off the ground. Make sure to wash your hands before touching your face or eating!

## MATERIALS

- Mah Rabu Sheet (attached)



Take a picture of your collage and share it on social media! Tag us @ShoreshtO!

Check out Shoresht's Facebook for more indoor and outdoor Jewish nature-based activities!

מָה-רַבּוֹ מַעֲשֵׂיֶיךָ ה' כָּלָם בְּחָכְמָה  
עָשִׂיתָ מְלָאָה הָאָרֶץ קִינְיָנְךָ

*Mah rabu ma'asecha Hashem, kulam be'chochmah asita  
malah ha'aretz kinyanecha.*



How great and many are Your works Hashem, all of them You  
have made with wisdom - the earth is full of Your creations.

-Psalm 104:24

