

KAVANAH GARDEN FIELD TRIPS

Cultivate **AWE** and **WONDER**
at Shoresh's Kavanah Garden!

*Book your hands-on, curricular-aligned,
Jewishly-inspired field trip today.*

The Kavanah Garden is Shoresh's flagship programming space. Located at 145 Lebovic Campus Drive in Vaughan, the Kavanah Garden features organic vegetable and herb gardens, pollinator garden spaces, a natural playground, and is adjacent to a 5-acre ravine featuring a tributary of the East Don River.

All the food grown at Shoresh's Kavanah Garden is donated to vulnerable community members through our tzedakah partnerships.

BOOKING INFORMATION

Kavanah Garden Field Trips are 1.5-2 hours long and can be booked in the morning or afternoon (May-October). Visiting groups are invited to use our picnic area for lunch either before or after programs.

The program fee for a Kavanah Garden Field Trip is \$160 for 20 participants or fewer and \$8/participant for 20 participants or more.

For more information or to make a program booking, please e-mail education@shoresh.ca or call 416-805-8382.



All Shoresh programs are **hands-on, fun and creative, and rooted in Jewish ethics, texts and rituals; biblical agricultural laws; and holiday celebrations.**

Choose one of the following programs for your group or be in touch with us to create a customized program.

For elementary day school teachers, Ontario Ministry of Education Science and Technology Curriculum links are in italics.

ADAPTABLE FOR ALL AGES!

AWE AND WONDER

Rabbi Abraham Joshua Heschel taught the importance of interacting with the world from a place of radical amazement. Join us at the Kavanah Garden to question, explore, and discover the natural world and see how many times you find yourself saying "WOW!"

ROSH HASHANAH: POLLINATOR PALS

On Rosh Hashanah, we enjoy apples dipped in honey...neither of which would be possible without our pollinator friends! Learn about the different pollinators that call the Kavanah Garden home and what we can do to ensure a happy, healthy new year for them as well. Build bee habitat, plant pollinator attractant flowers, and taste Shoresh's honey from our bees at Bela Farm!

SUKKOT: CELEBRATING THE HARVEST

Sukkot is our end-of-season harvest festival...what better place to celebrate than in your local Jewish garden! Sit in our sukkah while learning about local animal habitats, make a blessing on the lulav and etrog while learning about the native species that define our ecosystem, and enjoy the abundance of the fall harvest.

SHEMINI ATZERET: LIVING WATERS

On Shemini Atzeret we begin praying for rain, reminding us how important water is to our survival. Explore the East Don River at the Kavanah Garden and discover firsthand how water flows through our community, and how the choices we make shape and affect our watershed.

T'FILAH B'TEVA: PRAYER IN NATURE

Rabbi Nachman of Bratslav taught that prayer is transformed when one is outdoors, in the presence of grasses, trees, and plants. Explore Jewish prayer at the Kavanah Garden and deepen your connection with both Creator and Creation.

RECOMMENDED FOR CHILDREN & FAMILIES

ROOTS & SHOOTS *Preschool and Kindergarten*

Using all five senses, discover the many sababa (amazing) plants and creatures that live at the Kavanah Garden. Discover where and how plants grow while searching for patterns in the natural world. *Patterns, Cycles, and Natural Occurrences.*

GARDEN GUARDIANS *Grade 1*

According to the Talmud, we are forbidden to live in a city without a vegetable garden. Learn what all creatures need to survive by helping take care of the plants and animals that call our garden home. *Needs & Characteristics of Living Things; Daily & Seasonal Changes.*

CREATURES & CRITTERS *Grade 2*

The Talmud teaches us that every creature has a purpose. Discover some of the many different critters that live in our soil, visit our flowers, eat from our birdfeeders, and help our garden grow. *Growth & Changes in Animals; Air & Water in the Environment.*

SEEDS & SOILS *Grade 3*

The holidays of Passover, Shavuot, and Sukkot all celebrate the harvest. Discover what plants need to grow while helping build healthy garden soil so that we have a bountiful harvest to celebrate this season. *Growth & Changes in Plants; Soils in the Environment.*

HEALTHY HABITATS *Grade 4*

The Garden of Eden provided the first humans and animals with food, water, and shelter, making it a terrific habitat. Discover what animal, bird, and insect species live in the garden and how the choices we make can affect the health of their habitat. *Habitats & Communities.*

RECOMMENDED FOR MIDDLE SCHOOL, B'NEI MITZVAH & ADULTS

BACK TO OUR ROOTS *Middle School & B'nei Mitzvah*

This experiential workshop is all about getting back to our roots! Discover, through hands-on projects, how Shoresh is modeling Jewish ethics and teachings at the Kavanah Garden and how we are helping people connect with their Jewish history, community and personal identity through garden and nature-based activities.

TZEDAKAH FROM THE GROUND UP *Adult*

Explore the Jewish value of tzedakah by growing food for community members in need. Help ensure everyone in our community has access to fresh, local, nourishing produce by getting your hands dirty at the Kavanah Garden.