

Baycrest community day centre members' horticultural activities

This summer, members of Baycrest's Mountainview Club took part in a new gardening program that had them planting, picking, pickling and eating produce from their new garden. Baycrest partnered with Shores Jewish Environmental Program, a local organization working to lead the Jewish environmental movement in the Greater Toronto Area, and our youth volunteers to deliver a 10-session program to our Mountainview clients.

Youth volunteer Ridwaan Safi helps a Mountainview Club member prepare green beans picked from the Mountainview garden for pickling.



"It's amazing how people remember food and the memories that gardening bring up," says Sabrina Malach, director of Outreach and Development, Shores. "We have discussions after and the clients talk about all the different things they used to grow in their own gardens," adds Alyssa Heersink, recreation therapist.

The Samuel Lunenfeld Mountainview Club is one of three Baycrest Community Day Centre for Seniors programs, and serves moderately to severely cognitively impaired elderly living in the community.

Parkland and Oceanside Club members' monthly floral mitzvah

Meanwhile, Parkland and Oceanside Club members wanted to do something creative and supportive for the community – or, perform a mitzvah – so a flower arranging program where

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Andrea Savoie, creative arts worker, watches as Parkland/Oceanside Club member Mary Spergel creates a floral arrangement.

