



BRING SHORESH TO YOU!

OUTREACH PROGRAMS

BOOKING INFORMATION

Shoresh's Outreach Programs are 30 minutes – 2 hours long
and can be booked year-round.

Program fees are calculated based on program length
and number of participants.

For more information or to make a program booking,
please e-mail education@shoresh.ca or call 416-805-8382.

All Shoresh programs are **hands-on, fun and creative, and rooted in Jewish ethics, texts, rituals, and holiday celebrations**. Choose one of the following programs for your group or be in touch with us to create a customized program. Invite Shoresh to facilitate a single workshop, or bring us in to develop a workshop series that will enrich your programming calendar all season long!

For elementary day school teachers, Ontario Ministry of Education Science and Technology Curriculum links are in italics.

HANDS-ON WORKSHOPS

ADAPTABLE FOR ALL AGES!

FANTASTIC FOR ROSH HASHANAH!

PAPER MAKING

Celebrate Tu B'Shvat, the birthday of the trees, by making your own recycled paper cardstock!

FANTASTIC FOR PESACH!

ALL WHO ARE HUNGRY

In the Passover Haggadah we read, "Let all who are hungry come and eat." Prepare for Pesach by exploring Jewish responses to hunger and engaging in hands-on activities that help to feed some of our most vulnerable community members.

FANTASTIC FOR SHAVUOT!

TORAH AND TOAST

In Mishna, Pirke Avot 3:17 it says, "Without bread [literally "flour"], there is no Torah; without Torah there is no bread." Celebrate Shavuot, the start of the wheat harvest, with Shoresh and explore the deep intersections between wheat, bread, and Jewish tradition.

FANTASTIC FOR ROSH HASHANAH!

PROTECTING POLLINATORS & JEWISH BEEKEEPING

On Rosh Hashanah, we enjoy apples dipped in honey...neither of which would be possible without our pollinator friends! Learn about the the different native pollinators that live in our community, to better understand what we can do to ensure a happy, healthy new year for both humans and pollinators. *Option to include bee hive building and honey tasting.*

FANTASTIC FOR SUKKOT!

PRESERVING THE HARVEST: PICKLING 101

No sandwich is complete without a kosher dill pickle! Learn how to make your own pickled products such as sauerkraut, kimchi, and pickled beans.

RECOMMENDED FOR CHILDREN & FAMILIES

ROOTS & SHOOTS Preschool and Kindergarten

Using all five senses, discover the many sababa (amazing) plants and creatures that live in our community. Discover where and how plants grow while searching for patterns in the natural world. *Patterns, Cycles, and Natural Occurrences.*

PLANTS & PEOPLE Grades 1 and 3

According to the Talmud, we are forbidden to live in a city without green spaces. Deepen your relationship with the natural world by tuning in to nature's cycles and seasons, discovering what plants need to survive, and getting dirty with soil exploration. *Grade 1 - Needs & Characteristics of Living Things; Daily & Seasonal Changes. Grade 3 - Growth & Changes in Plants; Soils in the Environment.*

CREATURES & CRITTERS Grades 2 and 4

The Talmud teaches us that every creature has a purpose. Discover some of the many different animal, bird, and insect species that live in our urban green spaces, and how the choices we make affect the health of their habitats. *Grade 2 - Growth and Changes in Animals; Air and Water in the Environment. Grade 4 - Habitats and Communities.*

RECOMMENDED FOR MIDDLE SCHOOL, B'NEI MITZVAHS & ADULTS

T'FILAH B'TEVA: PRAYER IN NATURE

Rabbi Nachman of Bratslav taught that prayer is transformed when one is outdoors, in the presence of grasses, trees, and plants. Cultivate mindfulness and gratitude while exploring Jewish prayer, and deepen your connection with both Creator and Creation.

JEWISH ORGANIC GARDENING

Discover how to grow your own Garden of Eden. This workshop will address the basics of planning and planting your own urban food garden.

MEDICINAL HERBAL TEA MAKING

Bubbie's chicken soup is not the only way to treat many common ailments! Learn about the medicinal properties of many herbs that grow locally and prepare some nourishing and healing teas to enjoy.

ACTIVITY STATIONS

Enhance your community event with one of Shoresh's hands-on and engaging activity stations! Less structured than our workshops, activity stations are designed to interest and deeply engage participants flowing in and out of activity areas.

EXAMPLES OF SHORESH ACTIVITY STATIONS INCLUDE:

- Shoresh's Museum of WOW!
 - ➔ A collection of AMAZING natural artifacts to encourage questions, exploration, and discovery!
- Honey Tasting and Bee Display **FANTASTIC FOR ROSH HASHANAH!**
- Wonderful Worms
- Paper Making **FANTASTIC FOR TU B'SHVATI!**
- Take Home Planting and Seed Necklaces

SPEAKERS & PRESENTATIONS

Invite a Shoresh educator to speak to your community (b'nei mitzvahs and adults) and share our passion for Jewish environmental learning and living. Presentations can be modified for d'var torahs, professional development, and adult learning.

TOPICS CAN INCLUDE:

- Jewish Environmental Ethics
- Jewish Community Farming: Past, Present, and Future
- Food for Thought: Jewish Food Ethics
- Honey and Jewish Beekeeping
- Shmitah: A Permaculture Approach to Jewish Life
- Blessings: Jewish Art of Gratitude
- Jewish Agricultural Laws
- Jewish Time and Nature Time
- Migrash: Sustainable Design in Biblical Times
- Bereshit: Roots of Contemporary Jewish Environmental Ethics
- Lo Tashchit: Judaism and the Art of Waste Reduction
- Gender, Land, and Spirit: Women and Contemporary Jewish Farming
- You + Me + Tree: Relationship between Humans and Trees in Jewish Thought

PROFESSIONAL DEVELOPMENT & CONSULTATION

Are you seeking guidance to develop your own Jewish nature space or program? Bring in Shoresh to develop a unique professional development workshop in Jewish garden-based and nature-based education, and/or bring a Shoresh professional to your site to help vision and create your own unique natural space and educational approach to Jewish environmental education.

For more information about our customized professional development opportunities and consultation services, please e-mail risa@shoresh.ca or call 416-805-8382.

