

Lilith: Independent, Jewish and Frankly Feminist

Summer 2012

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Bagels, Blueberry Buns, Baby Beef

Are you a chef or nutritionist? Consider yourself kind of kosher? Would you not eat meat if you had to kill and prepare it yourself? Grow your own vegetables? Say a blessing before eating? Your grandparents were farmers? You might find others like yourself at Shores Jewish Environmental Programs, the Jewish food movement's manifestation in the Greater Toronto Area, with an organic farm, CSA and an annual food conference. Hear from a backyard chicken advocate. Learn what makes cheese kosher and what makes Toronto's Jewish food culture unique. shores.ca