

# Jewish Foodies Unite This Weekend in Toronto

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Over the last couple years, Toronto has joined the likes of New York, Paris, Los Angeles and other international urban centres in the foodie revolution. Critically acclaimed restaurants including Black Hoof, Bar Isabel, 416 Snack Bar and Grand Electric are serving inventive, avant-garde, locally sustainable and delicious dishes that are getting Torontonians excited about food again. But what about the kosher folks that can't participate in the culinary adventure? The Shoresh Food Conference is here to answer those questions, and get Toronto's Jewish community involved in the ever-evolving food movement.

The Shoresh Food Conference is the mecca for foodies, farmers, Rabbis, activists, students or people who just want to feed their curiosity. Taking place on February 2<sup>nd</sup> at the Miles Nadal Jewish Community Centre at the corner of Spadina and Bloor in downtown Toronto, this thought-provoking event explores the dynamic intersection of Jews, food and the contemporary issues that surround them.

Some highlights from this year's conference include; A session on how Jewish principles can inform decisions about fish consumption in the current environment of climate change and overfishing, A multi-faith panel on diverse perspectives of genetically modified foods, An exploration of Jewish farming communities of Ontario from past to present, How to make your Shabbat dinner table more sustainable, and A cheese-making workshop led by organic farmer David Rotsztain.

"We are thrilled to bring diverse community members together at the Miles Nadal Jewish Community Centre, Toronto's hub of downtown Jewish life, for the third annual Shoresh Food Conference. Together, we will continue to strengthen and nurture the Jewish food movement and support each other in creating a healthy, sustainable food system," said Sabrina Malach, Director of Community Outreach for Shoresh Jewish Environmental Programs.

**Date: Sunday February 2, 2014**

**Time: 9:30 AM-6:00 PM**

**Location: Miles Nadal JCC, 750 Spadina Avenue**

**Space is limited. Register [here](#) today.**

*Registration includes a kosher, vegetarian, culturally-inspired, delicious lunch that is being prepared in a community member's kosher kitchen.*

Find out more info at <http://shoresh.ca/shoresh-food-conference> or on [Facebook](#).